CAKES, TREATS ETC - LAST PAGE

DISHES						Lupin	Milk		MUSTARD			SISAMI		Beer
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
AUBERGINE LASAGNA							~							
BACON & EGG QUICHE				~			~			ALMOND				
BACON & SAUSAGE QUICHE				~			~			ALMOND				
BEEF CURRY WITH CAULIFLOWER RICE							~							
BEEF IN RED WINE WITH CAULIFLOWER RICE	~						~							~
BEEF IN RED WINE WITH VEGETABLES	~						~							~
BEEF STIRFRY													~	
BIG BREAKFAST				~										~
BLACK BEAN SPAGHETTI							~						~	
BLUEBERRY MUFFIN				~			~			✓ ALMOND				

DISHES						Lupin	Milk		MUSTARD			SISAM		Beer
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
BREAKFAST POT							~			~				
BROCCOLI & CHEDDAR QUICHE				~			*			✓ ALMOND				
BROCCOLI & LANCASHIRE SOUP							~							
CABBAGE CANNELLONI							~							
CAULIFLOWER BAKE							~			✓ NUTMEG				
CAULIFLOWER & PARMESAN SOUP							~							
CELERY & CHORIZO SOUP	~													
CHEESY LASAGNA							~							
CHICKEN & BROCCOLI BAKE							~							
CHICKEN & CHORIZO CASSEROLE														

DISHES						Lupin	Milk		MUSTARD			SISAM		Beer
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
CHICKEN & MUSHROOM ORZO RISOTTO				~			~			✓ ALMOND				
CHICKEN & TOMATO FRITTATA				~			~							
CHICKEN CURRY & CAULIFLOWER RICE														
CHICKEN CURRY & LOW CARB NAAN														
CHICKEN PASTA BAKE							~						~	
CHICKEN PIZZAIOLA & PARMESAN BROCCOLI	~						~			PINE NUT				
CHICKEN SPAGHETTI				~			~			✓ ALMOND				
CHICKEN SPINACH ORZO RISOTTO				~			~			✓ ALMOND				
CHICKEN STIRFRY													~	
CHICKEN & VEG SOUP	~													

DISHES						upin Flour	Milk		MUSTARD			SSAW (C)		Beer
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
CHICKEN IN WHITE WINE & PESTO COURGETTE	~						~			PINE NUT				~
CHORIZO & PEPPER FRITTATA				~			~							
CHORIZO & PEPPER QUICHE				~			~			ALMOND				
COD, CHEESE SAUCE & VEG					~		*							
COTTAGE PIE	~						~							
COURGETTE & CHICKEN SOUP							*							
CREAM OF CHICKEN SOUP							*							
EDAMAME & MUNG BEAN FETTUCCINI ARRABIATA	~												~	
FISHPIE					~		~							
FISHCAKES				~	~		~			PINE NUT				

DISHES						Lupin	Milk		MUSTARD			SISAMI		Beer
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
HUNTERS CHICKEN														
LOADED MUSHROOMS & CHORIZO CABBAGE	~						~							
MEATBALL SPAGHETTI (EDAMAME)	~			~			~						~	
MEATBALLS WITH AUBERGINE PARMIGIANA				~			~							
MEATBALLS WITH PESTO CABBAGE				~			~			PINE NUT				
MINESTRONE SOUP	~													
MUSHROOM SOUP							~							
PANCAKES				~			~							
PROSCUITTO CHICKEN & BROCCOLI							~							
ROAST CHICKEN DINNER, YORKSHIRE, CELERIAC DAUPH	✓			~			~							

DISHES						Lupin Flour	Milk		MUSTARD			SSAM		WINE Beer
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
SALMON & CREAM CHEESE QUICHE				~	~		~			✓ ALMOND				
SALMON WITH ROASTED VEG					~									
SALMON, CAPER SAUCE & CELERIAC DAUPHINOISE	~				~		~							
SALMON, LEMON MUSTARD SAUCE & VEG					~		~		*					
SAUSAGES, ONION GRAVY & CELERIAC	*						~							~
SAUSAGE, TOMATO & MUSHROOM														
STUFFED COURGETTES							~							
STUFFED PEPPERS							~							
TUNA, LEMON MUSTARD AND VEG					~		~		~					
THREE CHEESE QUICHE					~				~	ALMOND				

DISHES						Lupin	Milk		MUSTARD			SESAMI) OK		Beer WINE
	Celery	Cereals containing gluten**	Crustaceans	Eggs	Fish	Lupin	Milk	Molluscs	Mustard	Nuts*	Peanuts	Sesame seeds	Soya	Sulphur dioxide
CHICKEN PIZZA	*						~			✓ ALMOND				
CHORIZO PIZZA	~						~			✓ ALMOND				
TUNA PIZZA	~				~		~			✓ ALMOND				
BREAD				~						✓ ALMOND				
COCONUT CAKE				~						ALMOND				
CHOCOLATE CAKE				~			~			✓ ALMOND				
MILLIONAIRE SHORTBREAD				~			~			ALMOND			~	
LEMON DRIZZLE CAKE				~						ALMOND				
CHEESECAKE							~			ALMOND				

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